



# THE EMBANKMENT BAR & GRILL

## Starters

**SOUP OF THE DAY** £4.95  
served with homemade  
wheaten bread

**HONEY & CHILLI WINGS** ② (5) £6.95  
succulent chicken wings/  
sour cream/salad (10) £9.95

**DUCK & BLACKBEAN SPRING  
ROLLS** £6.95  
served with dipping sauce

**CHILLI BEEF NACHOS** ② £7.95  
sour cream/salsa

**DONEGAL SEAFOOD  
CHOWDER** £8.95  
smoked cod/mussels/  
salmon/wheaten bread

## Light Bites

+ choice of side order

**THE CLUB SANDWICH** £12.95  
chicken/bacon/cos lettuce/  
tomato/chipotle mayo/  
toasted sourdough

**BBQ BRISKET SANDWICH** £13.95  
braised beef/balsamic onions/  
jalapeno mayo/mature cheese/  
rocket/toasted sourdough

**SALT & CHILLI CHICKEN  
WRAP** £13.95  
peppers/onions/chillies/  
coriander mayo/curry dip

## Burgers

+ choice of side order

**THE EMBANKMENT 6oz  
CLASSIC BURGER** £12.95  
bacon/cheese/tomato/lettuce/  
tobacco onions/peppered sauce

**BELLY BUSTER** £14.95  
12oz beef burger/cheese/lettuce/  
beef tomato/crispy bacon/  
onion ring

**KOREAN CHICKEN BURGER** £13.95  
crispy chicken fillet/  
korean bbq sauce/onion ring

## Chicken Dishes

+ choice of side order

**CHICKEN GOUJONS** £13.95  
house salad/garlic mayo/  
sweet chilli sauce

**CHARGILLED ESCALOPE  
OF CHICKEN** ② £13.95  
served with a choice of sauce/  
tobacco onions

**LOUISIANA CHICKEN** £14.95  
chorizo cream sauce/  
tobacco onions

**SPICY CHICKEN PASTA** £14.95  
chilli chicken/peppers/onions/  
pepper salsa/penne pasta

**CHILLI CHICKEN PITTA  
POCKET** £14.95  
mixed leaves/chilli sauce/sour  
cream/garlic dip

**SALT & CHILLI CHICKEN** ② £14.95  
onions/peppers/fresh chillies/  
prawn crackers/curry sauce

**CHICKEN STACK** ② £14.95  
champ/roast pepper salsa/white  
wine & mushroom sauce/cheese/  
tobacco onions

**CHICKEN BANG BANG** £14.95  
stir-fried veg/noodles/  
peanut dip

## Meat Dishes

+ choice of side order

**SLOW BRAISED STEAK  
& GUINNESS PIE** £14.95  
mushy peas/gravy

**SPICY BEEF PASTA** £14.95  
peppers/onions/  
peppered salsa/penne pasta

**10oz SIRLOIN STEAK** ② £20.95  
grilled tomato/onion ring/  
flat mushroom/peppercorn sauce

**EMBANKMENT 50/50** ② £21.95  
6oz rump steak/cajun chicken/  
champ/onion ring/roast tomato/  
choice of sauce

## Fish

+ choice of side order

**BATTERED COD** £14.95  
freshly battered cod fillet/  
mushy peas/tartar sauce

**BLACKENED SALMON** £15.95  
stir-fried vegetables/noodles

**PAN-FRIED SALMON** ② £15.95  
mash/bacon/savoy cabbage/  
chive cream sauce

**SALT & CHILLI COD** £16.95  
salt & chilli vegetables/  
curry mayo/salad

## Loaded Fries

**BEEF BRISKET FRIES** £11.95  
lime mayo/pickled red cabbage/  
sour cream

**SALT & CHILLI CHICKEN** £11.95  
salt & chilli chicken/curry mayo/  
sweet chilli sauce

# Lunch menu

## Vegetarian

+ choice of side order

**VEGAN BURRITO** £13.95  
mixed beans/rice/coriander/  
sriracha hot sauce

**FIRE CRACKER NOODLES** £13.95  
curry oil/wok-fried vegetables/  
thin noodles/fresh chillies

**THAI GREEN CURRY** £13.95  
asian wok-fried vegetables/rice/

**VEGGIE PASTA** £13.95  
peppers/onions/mushrooms/  
peppered salsa/garlic bread

## Kids Strictly Under 12's

+ Choice of Side Order  
(Skinny Fries/Garlics/Mash/Veg)

**CHICKEN GOUJONS** £7.50

**CHICKEN ESCALOPE** ② £7.50

**SAUSAGES** £7.50

**BEEF BURGER** £7.50

**MINI PIZZA** £7.50

**KIDS STEAK** ② £9.50

## Sides £4.20

Chips ②  
Salt & Chilli Chips ②  
Garlic Potatoes  
Champ ②  
Mash ②  
Skinny Fries ②  
Onion Rings  
Rice ②  
Noodles  
House Salad ②  
Veg of the Day ②  
Tobacco Onions ②

## Sauces £2.95

Gravy  
Louisiana Sauce  
Peppercorn Sauce ②  
White Wine & Mushroom ②  
Curry Sauce

## Dips £1.50

Garlic Mayo ②  
Curry Mayo  
Sweet Chilli ②  
Coleslaw ②  
BBQ

## FOOD ALLERGIES & INTOLERANCES

Please speak to our friendly staff about the ingredients in your meal when you place your order. Items marked ② can be altered to become Coeliac friendly.

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IN YOUR  
STORY!**

